111 Aspen Airport Business Center Suite R Aspen, CO 81611/ (970) 315-2258/ kelsey@paws4health.org

Kelsey Koenig Carder MS, CRC, LPC

Objective Providing mental health counseling with the application of animal-assisted therapy to individuals striving to overcome trauma or other barriers to overall health & wellness.

Experience

2018-present Paws4Health, LLC Aspen, CO

Certified Rehabilitation Counselor/Licensed Professional Counselor

- Provide individual and family therapy to children-adults
- Evaluate individuals to determine course of treatment
- Collaborate with community providers as necessary to enhance therapeutic support and treatment goals
- Assist in goal planning and monitor goal attainment

June 2013-2018 Mind Springs Health, Inc. Aspen, CO

Clinician III/LPC

- Provide individual and family therapy
- Collaborate with community organizations and local schools to determine and assist with mental health needs as well as provide therapeutic services
- Respond to mental health crises, perform follow-up services
- Evaluate individuals to determine course of treatment
- Monitor client progress through clinical documentation

Aug. '11-Feb. '13 State of Tennessee Franklin, TN

Vocational Rehabilitation Counselor II

- Determine eligibility and potential for rehabilitation, plan and program development
- Counsel clients with neurological, psychiatric, orthopedic, locomotor, and personality disorders
- Collaborate with schools and assist students' transition from high school to college and/or work
- Aid in client's rehabilitation efforts, personal and social adjustment
- Work with referral agencies, institutions and community groups for applicants, consultation, and collaborative support services

March '10-Aug. '11 Behavioral Health Group Nashville, TN

Intake Counselor

- Assess individuals for admission, administer processing requirements
- Conduct patient orientations
- Individual and group counseling, crisis counseling
- Counselor assignments, coordinate care among providers and community
- Participate in clinical case conferences and education advancement opportunities
- Perform peer file reviews for quality control and maintain required documentation

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Nov. '06-Nov. '08 Side by Side Supported Living Brookline, MA

Program Coordinator

•Hired and supervised staff, conducted weekly meetings

•Assisted with program development, community integration, marketing opportunities

•Assisted in referral and family meetings, conducted assessments for service eligibility

•Provided case management/coordination of services for clients, individual, group, and crisis counseling

•Supported students living independently and in academic training

•Coordinated and facilitated community activities

• Developed and implemented support plans, conducted quarterly team meetings

Sept. '05-Nov. '06 Riverside Community Care Newton, MA

Residential counselor

•Managed case load among multidisciplinary team

•Conducted individual counseling, developed and implemented rehabilitation groups

•Participated in medical service provider, family meetings and case reviews

•Certified medication administrator (MAP), First-Aid, CPR, fire safety and diabetes testing

Sept. '04-May '05 McLean Hospital Waverley Place Belmont, MA

Rehabilitation Counselor/Intern

•Individual and group counseling for outpatient rehabilitation program

•Performed vocational assessments for job preparation (testing, interviewing, resume development) and academic training

•Developed skills training program to enhance consumer advocacy

•Assisted in Greenhouse Project, developed consumer vocational social skills, fundraisers and sales

Jan.-May '04 Blue Ridge Behavioral Healthcare Roanoke, VA

Counselor/Intern

•Participated in Clubhouse psychosocial rehabilitation program

•Created and implemented weekly counseling groups in nutrition, health and wellness, diabetes, eating disorders, sexual health, substance abuse, mental health, dual diagnosis, music and art therapy

•Involved in community resource utilization, weekend outings and integration development

•Certified in confidential computer-based documentation system, performed intake assessments and program evaluations

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Kelsey Koenig Carder MS, CRC, LPC

Education

2015 University of Denver Denver, CO
Institute for Human-Animal Connection
•Certificate in Animal-Assisted Therapy

2006 Boston University Boston, MA
Sargent College of Health & Rehabilitation Sciences
•Master of Science in Rehabilitation Counseling

2004 Radford University. Radford, VA
•Bachelor of Science in Psychology

Additional Proficiencies

Certified Synergetic Play Therapist May 2021
Certified Trauma-Focused Cognitive Behavioral Therapist 2015
Capella University Mental Health Counseling Courses 2014
Virginia Commonwealth University, Adv. Certificate in Professional Counseling courses 2013
Licensed Professional Counselor #0011894
Certified Rehabilitation Counselor #00095120

Interests

People, outdoors, animals, reading, family